Dear Dr 〈Insert Name Here〉,

I have booked an appointment with you on DD/MM/YY to request a referral for an ADHD assessment. Please see attached for the results of my Adult ADHD Self Screener.

In light of the long wait for a local ADHD assessment I would like to use my **Right To Choose** to choose 〈INSERT YOUR RTC CHOICE HERE〉 for my assessment as they have a shorter waiting time.

Please note that this is not an application for an Independent Funding Request. I have attached [this NHS document](https://www.nhs.uk/using-the-nhs/about-the-nhs/your-choices-in-the-nhs/) for more information.

I look forward to talking with you more soon.

Many thanks,

Your name & address.